

*“Be very careful, therefore, how you walk...” (Eph. 5:15)*

As I mentioned yesterday, I’ve been going on walks every day for the last few weeks. And with the walks has come some foot pain. So today I went to see a podiatrist. And for an hour, this man opened up the world of the feet – muscles, bones, tendons, ligaments, and all the ways the interplay – in a way I never knew existed. It was one of the most interesting hours I’ve spent in months and I learned a ton about something I never knew I didn’t know.

He suggested some new tools to help me, namely shoes. Apparently the cheapest shoes you can find aren’t the best ones for your walk. Too narrow, too flimsy, the wrong size, and the wrong shape. So, he introduced me to shoes that were stronger, the right shape for my foot, and durable. He didn’t sell me any, but gave me a list of possibilities and where to find them.

Having just vlogged about Paul’s usage of “walk” to mean our Christian life, I couldn’t help but draw some helpful parallels. You see, most people in the church assume those outside the church have actively chosen against Jesus. “Everyone has heard about Jesus by now,” they reason. But how many don’t know that they don’t know? Or at least, that what they know isn’t accurate? Like my lack of knowledge about feet, many do not know about a life of faith. And often, they won’t come asking until they begin to hurt.

But when they do come asking, are we ready to tell them? The two factors that made my time at the podiatrist amazing and memorable were his knowledge and his passion. Can you say the same about yourself when it comes to your faith? Do you have knowledge and passion when it comes to your walk, your Christian life?

And do you have tools you could suggest to someone looking to improve their walk? What might we suggest? Prayer? Scripture reading? Interesting books about faith? Or maybe a movie or TV series that might encourage them? We need to be prepared with a variety of tools for anyone who may ask for one. Not every tool helps every walk, just as not every shoe helps every foot condition.

How’s your walk going? It is in good enough shape to help others with their own? If not, ask God about it. He knows everything!