**LCC – Response Plan for COVID-19 Reported Positive Cases and Potential Exposures**

Under the LCC CALM Plan, if a Positive Case related to LCC is reported, or a true “Exposure” is identified (as defined by the CDC), LCC will adhere strictly to CDC updated guidance and policy (October 2020).

**In many instances, even as area activity rises, an LCC Case may be reported that requires no further action**. The Leader Team will be apprised of the reporting (maintaining confidentiality unless permitted by the member to share information more broadly) and will work with LCC Staff to direct the affected member to CDC protocols and their personal physician.

We will also discern whether any true “exposure” to others (per CDC guidelines) occurred. If so, we will be in communication with those who may have been affected, and again direct members to all CDC recommended protocols – encouraging direct follow up with personal physicians. Of note, testing capacity is now becoming very constrained in parts of Lake county.

The Leader Team will also report to the congregation on a regular basis the number of cases and exposures that specifically relate to LCC, and will make a determination of any required changes in ministry format based upon State Phase guidance and the prevalence of incidents at LCC.

**In the event of a COVID-19 Positive Case Report**

Members and friends of the LCC community who receive a positive diagnosis for COVID-19 will be directed to consult with personal physicians and will be given updated CDC isolation protocols as outlined below:

**CDC Recommendations for Persons with COVID-19 (October 2020):**

Accumulating evidence supports ending isolation and precautions for persons with COVID-19 using a symptom-based strategy. Specifically, researchers have reported that people with mild to moderate COVID-19 remain infectious no longer than 10 days after their symptoms began, and those with more severe illness or those who are severely immunocompromised remain infectious no longer than 20 days after their symptoms began. Therefore, CDC has updated the recommendations for discontinuing home isolation as follows:

**Persons with COVID-19 who have symptoms**and were directed to care for themselves at home may discontinue isolation under the following conditions:

* At least 10 days\* have passed since symptom onset **and**
* At least 24 hours have passed since resolution of fever without the use of fever-reducing medications **and**
* Other symptoms have improved.

\*A limited number of persons with severe illness may produce replication-competent virus beyond 10 days, that may warrant extending duration of isolation for up to 20 days after symptom onset. Consider consultation with infection control experts. See [Discontinuation of Transmission-Based Precautions and Disposition of Patients with COVID-19 in Healthcare Settings (Interim Guidance).](https://www.cdc.gov/coronavirus/2019-ncov/hcp/disposition-hospitalized-patients.html)

**Persons infected with SARS-CoV-2 who never develop COVID-19 symptoms**may discontinue isolation and other precautions 10 days after the date of their first positive RT-PCR test for SARS-CoV-2 RNA.

**Assessing Potential “Exposure” to COVID-19**

The LCC CALM Plan will measure “Exposure” according to updated CDC guidelines. If a true exposure is identified, we will direct those affected to CDC recommended precautions (as outlined below), while also encouraging consultation with personal physicians.

**Note: According to CDC Guidance, Exposure, as defined through “close contact” below, is irrespective of whether the person with COVID-19 or the contact was wearing a mask or whether the contact was wearing respiratory personal protective equipment (PPE).**

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| --- | --- | --- |
| **Exposed Person** | **Exposure to** | **Recommended Precautions for the Public** |
| * Individual who has had [close contact](https://www.cdc.gov/coronavirus/2019-ncov/php/contact-tracing/contact-tracing-plan/appendix.html#contact) (within 6 feet for a cumulative total of 15 minutes or more over a 24h period)
 | * Person with COVID-19 who has [symptoms](https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html) (in the period from 2 days before symptom onset until they meet criteria for [discontinuing home isolation](https://www.cdc.gov/coronavirus/2019-ncov/hcp/disposition-in-home-patients.html); can be laboratory-confirmed or a clinically compatible illness)
* Person who has tested positive for COVID-19 (laboratory confirmed) but has not had any [symptoms](https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html) (in the 2 days before the date of specimen collection until they meet criteria for [discontinuing home isolation](https://www.cdc.gov/coronavirus/2019-ncov/hcp/disposition-in-home-patients.html)).
 | * Stay home until 14 days after last exposure and maintain social distance (at least 6 feet) from others at all times
* Self-monitor for symptoms
	+ Check temperature twice a day
	+ Watch for fever\*, cough, or shortness of breath, or other [symptoms](https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html) of COVID-19
* Avoid contact with [people at higher risk for severe illness](https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/people-at-higher-risk.html) from COVID-19
* Follow [CDC guidance](https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/steps-when-sick.html) if symptoms develop
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| * All U.S. residents, other than those with a known risk exposure
 | * Possible unrecognized COVID-19 exposures in U.S. communities
 | * [Practice social distancing](https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/social-distancing.html) and other [personal prevention strategies](https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/prevention.html)
* Be alert for symptoms
	+ Watch for fever\*, cough, or shortness of breath, or other [symptoms](https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html) of COVID-19
	+ Check temperature if symptoms develop
* Follow [CDC guidance](https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/steps-when-sick.html) if symptoms develop
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