LCC Deacons Guide to Support Services

This list presents possible sources of services for members and friends of Libertyville Covenant Church. The organizations and services are not necessarily endorsed by Libertyville Covenant Church. We hope you will use the list as a starting point in your search for services. If you find a service to be lacking in a significant way, please let the church staff know so the listing may be removed from the list going forward.

Charities, Volunteer/Service Opportunities for Youth and Adults

Feed My Starving Children (847) 984-3846

FMSC strives to eliminate starvation among children throughout the world. Volunteers hand-pack rice, soy, dried vegetables, and a nutritionally complete blend of vitamins and minerals into bags, which then are sealed, boxed, placed on pallets, and shipped to their partners working around the world to reach the neediest children.

Love, INC http://www.loveinclakecounty.org/ (847) 782-8630

Love INC of Lake County mobilizes local churches to transform lives and communities "In the Name of Christ." An affiliate of Love INC National, the local network of volunteers from Lake County churches help disadvantaged individuals rebuild their lives and create new relationships, all In the Name of Christ. Ministries include the Clearinghouse Help Center, Clothing and Furniture Ministries, Household Starter Kits, Baby Shower Ministry, New Hope Ministry, and Loved Twice Thrift Boutique.

PADS of Lake County (847) 689-4357

Volunteering at PADS is an excellent way to get involved in your community and make a positive impact in the lives of others. There are a number of ways you may give the gift of your time and compassion, such as volunteering at a PADS shelter site, making, bringing, or serving meals, or sharing your talent,

Northern Illinois Food Bank https://solvehungertoday.org (847) 336-3663

Northern Illinois Food Bank, a member of Feeding America, is the source of nutritious food, innovative feeding programs, and hope for more than half a million people each year. As a 501(c)(3) nonprofit organization with a goal of solving hunger in the 13-county service area, the organization relies on generous donors, volunteers, and community partners: the local food pantries and feeding programs, food manufacturers and retailers, companies, foundations, and individuals who join in their vision for no one to be hungry in Northern Illinois.

Bernie's Book Bank, Lake Bluff (847) 780-7323

Bernie's Book Bank sources, processes, and distributes quality new and gently used children's books to significantly increase book ownership among underserved infants, toddlers, and schoolage children throughout Chicagoland. You may help by donating books, organizing a book drive,

volunteering, donating \$12, shopping AmazonSmile and selecting Bernie's Book Bank as your beneficiary, or hosting a fundraising event.

Counseling Services

This category includes marriage, family and parenting, addiction, play therapy, trauma, hypnotherapy, mindfulness therapy, and others.

Samaritan Counseling Center 847-446-6955

Offers professional counseling services that provide hope, healing, and growth in a manner that is ethical and caring.

Youth and Family Counseling 847-367-5991, ext. 13

Provides caring, confidential, personalized counseling in a private office environment. The experienced staff of licensed psychotherapists works with children, teens, adults of all ages, couples, and families. Counseling is available in Spanish and English.

Linda L'Abbe 847-509-9875 Family counselor in Deerfield and Grayslake.

FaithLife Counseling https://www.faithlifecounseling.com/

Members of the staff have variously been trained in individual, marital, family, addiction, and group therapy. They regularly help people who struggle with depression, addictions, anxiety, shame, fear, anger, and low self-esteem. They also help people heal from various trauma and losses in life, due to abuse, neglect, conflict, or betrayal, and difficulties related to growing up in dysfunctional families, including those in which addictions such as alcohol and pornography were present. Core values include personal faith and honesty. They accept BCBS.

White Stone Resources 847-821-9346

A Christian counseling ministry devoted to serving local churches in the northern and western regions of Chicagoland, White Stone Resources offers individual, marital, and family Christian counseling. In addition, it provides topically focused teaching, seminars, and organizational/staff consulting to churches.

https://www.psychologytoday.com/us/therapists/christian/il/libertyville

This group identifies as experienced Christian therapists serving in the greater Libertyville area. They accept several kinds of insurance and serve a variety of mental health issues.

Devin Steiber, LCSW, CADC, ACSW 847-737-4923, 1580 South Milwaukee Avenue, Libertyville, IL 60048

The practice provides individual, couples, and family therapy/counseling services for teenagers and adults, as well as substance use counseling. Approach involves partnering with clients to identify their strengths and growth areas by assessing how physical, emotional, social, and spiritual values or beliefs may be helping or hurting optimal life satisfaction.

Supportive Solutions Counseling Center, LCC 847-305-3574, 34121 North US Highway 45, Suite 227, Grayslake, IL 60030

Cofounded by therapists with more than thirty years of experience, SSCC aims to meet all mental health needs. With daytime, weekend, and evening hours, therapists provide personalized services with an emphasis on confidentiality and safety. The practice accepts a variety of insurance plans as well as clients who wish to self-pay. Highly recommended, but not a Christian focus.

SamaraCare 331-254-4282, Naperville, IL 60540

Nonprofit, interfaith counseling center that helps people achieve their greatest potential through compassionate counselors, consultants, and advocates, using a plan-oriented team approach. Throughout the North Shore and greater Chicagoland.

Crisis Management

United Way of Lake County https://www.liveunitedlakecounty.org/

United Way of Lake County unites leadership and resources to create lasting change that will improve and save lives. Help is offered in the following areas:

- Preparing children for kindergarten.
- Ensuring students can read at grade level.
- Helping youth overcome barriers to graduation and beyond.
- Empowering families to become and remain self-sufficient.
- Helping connect individuals and families to life-changing support.

County 211/United Way https://211lakecounty.org/

This website is sponsored by the United Way of Lake County and is connected to Lake County government. There are many links to services needed by those in crisis situations.

Financial Guidance

National Association of Christian Financial Consultants (NACFC) https://nacfc.org/about-us/

The mission of NACFC is to teach, train, and encourage financial professionals to learn, share, and instruct individuals and families in biblical stewardship, believing that "it profits a man nothing to gain the whole world and lose his soul" (Matthew 16:26). The organization works with advisors interested in joining it and also individuals looking for a financial consultant.

Larry Burkett Financial Planner/Family Budget Services; Crown Financial Ministries, 8331 East Walker Springs Lane, Suite 301, Knoxville, TN 37923; Local: 865-582-3900; Toll-Free: 1-800-722-1976; Fax: 865-247-5561; Email: clientservices@crown.org

Tranel Financial Group, est. 1988 1509 North Milwaukee Avenue, Libertyville, IL 60048 (847) 680-9050

Funeral Homes

Burnett-Dane Funeral Home 120 West Park Avenue, Libertyville, IL 60048 (847) 362-3009; contact Phil Dane

Kristan Funeral Home 219 West Maple Avenue, Mundelein, IL 60060 (847) 566-8020; contact Kevin Kristan

Strang Funeral Home 410 East Belvidere Road, Grayslake, IL 60030 (847) 223-8122; contact Gerry Weidner (Funeral Director)

General Resources

www.findhelplakecounty.org

Resources in the following categories are listed at the Find Help Lake County site: Housing, Utilities, Food, Crisis Help, Mental Health and Addiction, Health Care, Financial Support, Education, Personal, Child, and Family Support, Employment, Transportation, Legal and Immigrant, Government, Volunteering, Disaster, and more.

Libertyville Police Department non-emergency number 847-362-8310

NorthShore University Health System, Psychiatry and Behavioral Sciences 847-570-2500

Alexian Brothers Center for Mental Health AMITA (Arlington Heights) 847-952-7460

Northwestern Health Care System, Mental Health (at Lake Forest Hospital) 847-535-6489

Grief Support Group

Griefshare (www.griefshare.org) 847-505-9201, Village Church of Gurnee, 1319 North Hunt Club Road, Gurnee, IL 60031, Sandy Slota, leader

Legal Assistance

https://www.illinoislegalaid.org

For nearly twenty years, Illinois Legal Aid Online (ILAO) has simplified the law so people can seek justice and resolve their problems. They work to make the law understandable and accessible, giving people tools to help themselves get the justice they seek. ILAO can help people navigate the legal system with confidence and not feel alone.

https://www.christianlegalsociety.org/find-attorney-chapter-near-you

The Christian Legal Society (CLS) is a fellowship of Christians dedicated to serving Jesus Christ through the practice and study of law, the defense of religious freedom and life, and the

provision of legal aid to the needy. The website directs people to local counselors who are ready to serve their needs.

Mental Health

Suicide Prevention - National Suicide Prevention Lifeline 1-800-273-8255

Alzheimer's www.alz.org

The Alzheimer's Association hopes to end Alzheimer's and all other dementia by accelerating global research, driving risk reduction and early detection, and maximizing quality care and support. Their website offers many opportunities to access information and support.

www.psych.org (index of service providers)

The American Psychiatric Association is an organization of psychiatrists working together to ensure humane care and effective treatment for all persons with mental illness, including substance use disorders. Its vision is a society that has available, accessible quality psychiatric diagnosis and treatment.

www.mentalhealth.va.gov (index of veterans' services)

Support is available for veterans in crisis, or for those concerned about one. Find help at this website day or night.

Caregiver Support Group Contact, Rosemary Monahan, 847-918-1919 rmonahan47@gmail.com

The Caregiver Support Group is a safe, supportive, and confidential place to share concerns, ask questions, and seek guidance both for loved ones and for oneself. Open to all who are caring for someone with Alzheimer's/dementia as well as any chronic illness requiring extensive care, such as COPD, stroke, cancer, opioid/alcohol-related illnesses, accident, trauma, and more.

Senior Services

Oasis Senior Advisors https://www.oasissenioradvisors.com/chicago-north-shore/ (847) 443-9181

Oasis offers free senior housing services for individuals across the country. A local, community-based service, it offers a personal and compassionate touch tailored around its clients and their unique needs. The experienced Oasis advisors can discuss the benefits of an assisted-living community and can help a client find the right senior housing option, for everything from independent living to respite services, hospice care, residential care homes, and more.

NShore Patient Advocates www.northshorern.com 312-788-2640

This organization can help:

- When you have received a diagnosis and don't know what to do.
- When you are ill and don't know what to ask your doctor.

- When you are weighing cancer treatment options.
- When you need to find a quality nursing facility for a family member.
- When you need help getting the best care for yourself or a loved one.

Spiritual Direction

Pastor Steve Larson Steve@libcov.org 847-362-3308

Pastor Bruce Thorson bruce@libcov.org 847-421-2732

Central Conference Spiritual Director resource page https://centralconf.org/ministries/spiritual-direction/